



The Anti-Bullying Pledge

I, (state your name), choose to honor the **hero** in every victim

And, the **victim** in every bully

And know that when I let the labels fall away

I am a human being

Just like you

I will **stop** working so hard to look, act, and sound like everyone else

And, **start** working hard to see, feel, and honor the humanity in everyone else.

I will see that we all have at least 2 things in common

We have a heart that beats in our chest

And, a brain that learns in our head

I pledge to use my brain to understand **your** world

And, use my heart to accept **your** unique path

I will honor your path

I won't march ahead of you in superiority

Or, slink behind you whispering in judgment

I will walk proudly **beside** you supporting your uniqueness

Because at my core I am a human being doing the best I can

Just like you